



Bellevue Girls Lacrosse Association Team Code of Conduct

Players of the Bellevue Girls Lacrosse Association (BGLA) (also known as Bellevue East and BE LAX) are expected to conduct themselves at all times in a manner that will reflect the high standards and ideals of their team, school and community. It is only through the observance of these standards that individuals and teams can attain maximum achievement, show their commitment to excellence in health and conditioning, and fulfill their responsibilities as leaders. BGLA embraces and supports this Code of Conduct for its participants and agrees to abide by the conditions.

1. Drug/Tobacco/Alcohol Policy –

The BGLA is committed to a “**drug, alcohol and tobacco free**” environment. It is the intent of the BGLA to do everything possible to accomplish this goal in accordance with the Bellevue School District policies and procedures. Therefore:

The sale, use or possession of illegal drugs, alcoholic beverages and tobacco by BGLA athletes, at any time during the BGLA season, is prohibited.

If a player needs to take medically prescribed drugs during **any** BGLA activity, a written note from the parent must be delivered to the BGLA Head Coach and discussed between the BGLA Head Coach, the player and parent.

2. Attendance Policy

It is understood that throughout the course of a season player absences will occur. Whether absences are excused or unexcused the same result occurs:

- ◆ The loss of critical practice time for the player in learning game strategies and in developing physical conditioning.
- ◆ Inconvenience to the team and coaching staff in scheduling an effective practice regimen.

Reporting planned absences - All foreseen absences are required to be communicated to the coach of the appropriate level, as far in advance as possible. Please understand that failure to report these planned absences may affect your team standing. A single, legitimate absence communicated well in advance will not be an issue. Please understand, multiple planned absences, communicated or not, will undoubtedly affect your standing with the team as mentioned above.

- ◆ **Emergency Absences** – In cases where it is not possible to report an absence (e.g. becoming sick at school, family emergencies) please report the absence to the head coach as soon as possible. Communication is key!!!
- ◆ **Phone call on the day of the absence to the coach if at all possible.**
- ◆ **An email delivered to the coaches on the day of the absence if at all possible.**

3. Practices and Game Tardiness

Players are required to be on time for games and practice.

- ◆ **Practices** - On time for practice means fully dressed and equipped to play when the whistle blows to begin practice. Fully dressed and equipped means you have all of the following items: stick, eyewear, mouth-guard and gloves (optional).
- ◆ **Games** - On time for games means you are at the field, ready to help set up 1/2 hour before scheduled start time or whatever time set by your coach for that game.

4. Team Discipline Policy and Procedure

As a member of the BGLA, your actions, on and off the field, will be viewed as representative of the entire program. Actions detrimental to the integrity of the BGLA will not be tolerated. Examples of these actions include, but are not limited to, failure to adhere to the drug and alcohol policy, getting in trouble with the law, unsportsmanlike conduct, fighting, taunting, foul language, and any disrespect to coaches, fellow teammates, opponents, game officials or spectators.